

RUN FOR ELLA

The Cotton Mill Preserve
Fayetteville, TN

June 27, 2009

5k Run/Walk 8:00 am \$25
1 mile Run/Walk 9:30 am \$10

www.RunForElla.com



Official 2009 "Run for Ella" Application

Please print clearly

Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Tel. _____ Age: _____

Email: _____

Please Choose Size of Shirt:

Adult T-shirt size: XS S M L XL XXL

Kids T-shirt size: XS S M L

Course: 5k **\$25** 1 mile **\$10** Day Registration will be a \$5 increase

Mail to: Bank of Lincoln County c/o Emily Creson P.O. Box 778 Fayetteville, TN, 37334

SORRY, NO REFUNDS

One form per runner - Copies are acceptable

Signature: _____

Parent/Guardian: _____ Date _____

To participate in the "Run for Ella", the following must be read and signed in ink. Release and Waiver Statement: In consideration of the acceptance of my entry, I, the undersigned participant, for myself, my family members, heirs, administrators, personal representatives, successors and assigns hereby fully release, discharge and hold harmless any sponsors, owners and operators of motor vehicles and officers, directors, employees, volunteers and lessors of any of the foregoing persons or entities from any and all liability, whether resulting from negligence of any aspect of the "Run for Ella". I also expressly covenant with the aforementioned persons and entities not to sue any such persons and entities for any such activity, including the negligence of any such persons or entities. I certify and represent by my application for entry that my physical condition is adequate to participate safely in the "Run for Ella", and I hereby acknowledge that the above persons and entities have no obligation to provide medical care and have not undertaken the responsibility to do so. In the event that I receive medical care as a result of a medical emergency, I hereby consent to such care and fully release the person (s) providing such care from any and all liability, whether resulting from negligence or otherwise. I hereby certify that I have fully read and understand the foregoing release, waiver and covenant not to sue, and sign it voluntarily.